



École Springfield Elementary News

MARCH 2023



Important Dates to Remember:

March 14 & 16th-
Student Led Interviews
Soup & Bannock served
& Book Fair in library!

March 15th -
Matt's Pizza Hot Lunch
(for those that ordered)

March 17th-
Wear Green

March 22nd-
Subway Hot Lunch
(for those that ordered)
6:30pm - School Council Meeting
(babysitting provided)

March 24th-
No School (PD Day)

March 29th-
A&W Hot Lunch
(for those that ordered)

March 30th -
Cultural Day

March 31st-
Favorite Character Day

Cereal Box Domino Challenge!

Staff and students were collecting cereal for the food bank this past week! To celebrate collecting 385 boxes of cereal, we made a domino run. Matthias was the lucky draw winner and got the cereal train rolling! To view the video, check out our Facebook page or our Website.

Thanks everyone for helping make this community food bank outreach a success.





March 2023

Lunch with the Bunch!

Springfield is a proud member of the PRSD Family



Lunch with the Bunch!

March 2023



Why is School Attendance Important?



Carlee in Grade Two says coming to school most of the time is important to learn math, science, French and to make new friends. If you get a high five award and you aren't there at assembly, you will have to wait a whole week to get it!



Berkley in Grade Two says you need to come to school all the time so you can learn new things like subtracting and adding facts in math. When you come to school your parents don't have to watch you when they work. You can get rid of energy in the gym and at recess. Teachers also can meet new people!

Just a little morning conversation...



Principal's Message

Happy March Everyone!

Daylight hours are increasing, temperatures are hopefully headed in the right direction, and thoughts of spring are in the air! With spring approaching, our minds are already turned to planning for next year.

Some of you may have heard that Peace River School Division Kindergarten Registration is already open. If you have a child(ren) who will be five by December 31, 2023, you can register them for the fall. All you need to do is go to www.prsd.ab.ca and click on the kindergarten registration link at the bottom of the page and follow the directions to create an online account. You will need to upload a copy of your child(ren)'s birth certificate or bring it into the school for us to scan. École Springfield Elementary is holding a Kindergarten Registration and Information evening, April 19 @ 6:30. We encourage you to come meet our current teachers, find out about programming and supports offered in kindergarten, and have a chance to register your child that night. Those children who are registered on or before April 19 will receive a École Springfield bag with materials and information to help them prepare for kindergarten.

It was wonderful to see everyone who came out to the school Families Matter for Literacy Night, Feb 21. We served 170 bowls of Stew and gave out about 200 pieces of bannock. A huge thanks to all of our school and divisional staff who planned the evening. Also, a huge thanks to the Peace River Municipal Library and to the Family Resource Centre, who each had a booth that night. We also had a terrific turnout on Thursday for Lunch with the Bunch! There were lots of happy students and family members that day.

The partnership between home and school is a so very important to the educational success of our children. Thank you for all that you do! We couldn't do it without you!

Gail McNabb
Principal,
École Springfield Elementary School



March 2023



Ben the Therapy Dog!



DID YOU KNOW?

HOLD AND SECURE:

Used when it is necessary to secure the building due to an emergency threat occurring outside the school. All exterior doors are locked, and nobody leaves or enters the building. All students and staff will return to their classroom with instruction continuing. Dependent upon the outside threat, additional instructions will be given.

BECOME A BUS DRIVER TODAY!

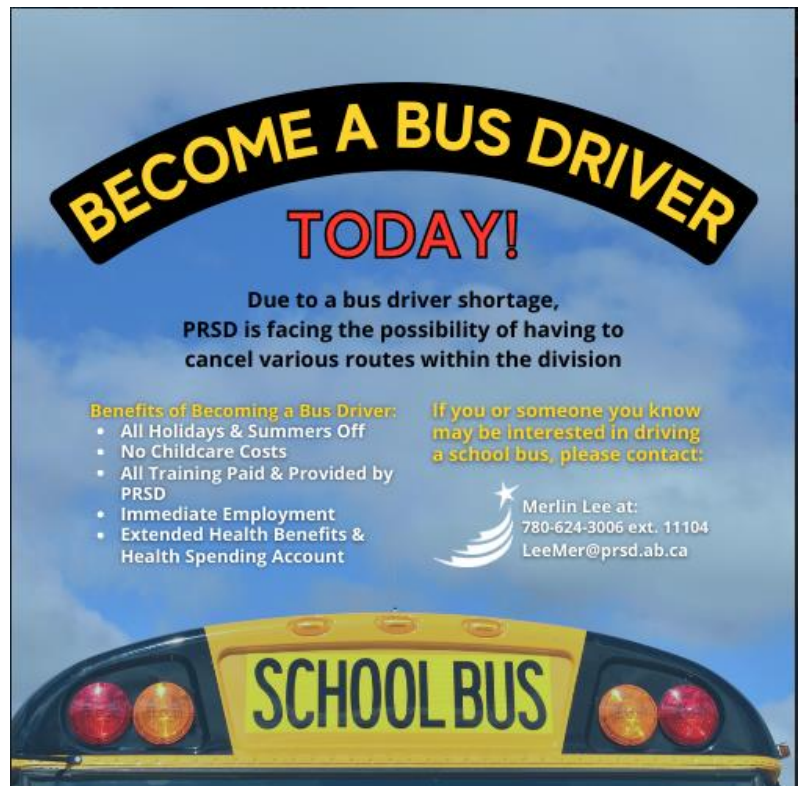
Due to a bus driver shortage, PRSD is facing the possibility of having to cancel various routes within the division

Benefits of Becoming a Bus Driver:

- All Holidays & Summers Off
- No Childcare Costs
- All Training Paid & Provided by PRSD
- Immediate Employment
- Extended Health Benefits & Health Spending Account

If you or someone you know may be interested in driving a school bus, please contact:

Merlin Lee at:
780-624-3006 ext. 11104
LeeMer@prsd.ab.ca



Superintendent's Message

KINDERGARTEN REGISTRATION

IT'S THAT TIME OF YEAR AGAIN!

Our Kindergarten teachers and principals are looking forward to welcoming new students to a bright new world of learning!

Kindergarten registration for the 2023–2024 school year has opened and we are excited to welcome all our up-and-coming students to PRSD this fall. Registering your child in Kindergarten is extremely beneficial and prepares children for future success in their education and beyond.

We believe in play-based education delivered by kind, caring, and highly qualified staff. Your child will interact, imagine, experiment, and explore to add to their knowledge and learn new skills.



Our educational staff know that every child is unique, and our teachers ensure that students are provided with specialized and targeted instruction to meet their individual needs.

We know our communities, and we understand how important it is to be involved in your child's Kindergarten education and that's why we value family involvement and encourage parent volunteers.

This approach to our Kindergarten programs is what makes students so successful. In PRSD schools, there are many ways for parents to be involved and for the school and families to interact. All PRSD Kindergarten classes and Early Learning programs offer specialized support for students with delays or special needs. The Early Learning Team supports children in their emotional, social, intellectual, and physical development through play-based environments.



PRSD has specific program options and availability, so we encourage parents to reach out to their local elementary school and ask about their Kindergarten programming.

We look forward to teaching the next generation of students and offering them a high quality of education from the very beginning. Enrolling children in early learning programming provides a higher chance for future academic success and allows them to become more comfortable and confident within a classroom setting.

We are beyond excited to welcome more imaginative minds to our schools this fall!



Adam Murray,
Superintendent of Schools



Springfield's Project PEACE Success Coach

Hello Springfield Caregivers,

Grades K - 1

Second Step programming has started in the Kindergarten and Grade 1 classrooms. Second Step teaches skills for Social and Academic Success. Topics include Skills for listening, understanding Empathy, How to calm down, problem solving and fair ways to play.

We are partway through Unit 1 - Skills for learning. To learn more about the programming click on the link below.

[Second Step Program | Second Step](#)

Grades 2 - 4

The Choose Love SEL continues this month with Grades 2 - 4 . This program provides teachings on these 4 ingredients, Courage + Gratitude + Forgiveness + Compassion in action = Choose Love. This month we started lessons on the 3rd ingredient of the formula, Forgiveness. Students are learning the positive effects of focusing on their breath and controlling anger.

“While feeling anger is natural, feeling too much of it, or feeling it for too long, can be unhealthy. When someone feels very angry, they might not think clearly, and might hurt another person. This is why it’s important to recognize when we feel angry, and learn how to express ourselves in positive ways” - Choose Love-Forgiveness Lesson 2 pg. 3

[Next Generation Social Emotional Learning and Character Development - Jesse Lewis Choose Love Movement](#)

Your GoZen parent rewind for this month is: Listen up. Check out the link below.

[ParentingRewindListenUp GoZen \(s3.us-east-1.amazonaws.com\)](#)

You can click on the link below to follow Project Peace on Facebook.

<https://www.facebook.com/profile.php?id=100030003983644>

If you have any questions or concerns regarding your child's social emotional development and well being please feel free to contact me.

Watch this newsletter for upcoming events that will take place during the month of May. May 1st- May 5th is mental health awareness week.

Success Coach
Shannon Sutherland

March 2023



Has your child had their annual eye exam? It's important to do before they start school!

Eye See...Eye Learn™

is a program that provides kindergarten-aged students with a comprehensive eye exam from an optometrist. There is Alberta Health coverage towards your child's eye exams up to age 19. **If required, kindergarten-aged students also receive a free pair of eyeglasses.**



How kindergarten-aged students participate*

Step 1 Parents can find a participating optometrist at optometrists.ab.ca. Click on Find an Optometrist and Eye See...Eye Learn™, then enter your postal code to find a doctor close to you. **Call and book an appointment.**

Step 2 See your optometrist for the eye exam. Have your health card ready. There is **Alberta Health coverage towards your child's eye exams up to age 19.**

Step 3 If required, kindergarten-aged students will **receive a free pair of eyeglasses.** Ask to see the frame selection available. The optometrist will order your glasses for you.

***Free glasses are covered by a one year manufacturer's warranty.**

Who can participate?

Eye See...Eye Learn™ is available to all kindergarten-aged students in Alberta. It's important to address eye health and vision problems before children begin school.

Children are eligible from August until they begin grade one.



Eye exam coverage

There is Alberta Health coverage towards your child's eye exams up to age 19. It's a painless, non-invasive process that could change their lives!

Did you know?

- 80% of learning is visual.
- 1 in 4 school-aged children has a vision problem.
- An eye exam detects health problems such as crossed eyes or lazy eye.
- Children with vision problems are often misdiagnosed as having learning or behavioural disabilities.
- The earlier an eye health or visual problem is identified, the more likely it can be corrected.
- Children often don't know they have a vision problem, as they believe what they are seeing is normal.
- It is not uncommon for parents to believe they would know if their child has a vision problem, because these issues can be hard to spot particularly if there is a problem in only one of the eyes.

What is an optometrist?

Your optometrist (doctor of optometry) is a primary source for all your vision, eye health and eyewear needs. They have the knowledge, tools and equipment necessary to diagnose, treat, prescribe medications or refer to a specialist, if needed.

How well can your child see?



Eye See...™
Eye Learn!

You can't see the world through your child's eyes, but your optometrist can. During your child's eye exam, your optometrist will assess:

- Visual acuity (how well they can see)
- Lazy eye, crossed eyes
- Nearsightedness, farsightedness, astigmatism
- Colour vision
- Eye coordination, tracking and depth perception
- Eye health

Please check with your optometrist regarding their clinic's safety protocols and the current Alberta Health guidelines.

For more information about

Eye See...Eye Learn™

contact the Alberta Association of Optometrists at 1-800-272-8843 or visit optometrists.ab.ca/esel



Alberta
Association
of Optometrists 

Eyewear Partners:

Match
Optical

partner with
essilor
vision for a better life

HILCOvision

The Alberta Association of Optometrists gratefully acknowledges funding support from the Government of Alberta.

Alberta 



First Nations, Metis, Inuit

Elder Visit with Kathleen Laboucan



Kathleen talked about how it was to grow up on a trapline and their ways of living. Kathleen told stories about her parents and her 19 siblings. She taught the kids about medicine picking and the purpose of the medicine

March 2023



Springfield is a proud member of the PRSD Family



Families Matter for Literacy Night!



Families Matter for Literacy Night!



Springfield School
Office #
780.624.2143

March 2023 Calendar

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1 A&W Hot lunch Day- If you purchased	2	3 Kindergarten Planning Day	4
5	6	7	8 Kita North Hot lunch Day- If you purchased Report Cards Go Home	9 No School- Teacher Convention	10 No School- Teacher Convention	11
12	13	14 Parent-Teacher Interviews & Book Fair 4-7pm	15 Matt's Pizza Hot lunch Day- If you purchased	16 Parent-Teacher Interviews & Book Fair 4-7pm	17 St. Patrick's Day- wear Green	18
19	20	21	22 Subway Hot lunch Day- If you purchased 6:30 pm School Council Meeting- Library	23	24 No School- PD Day	25
26	27	28	29 A&W Hot lunch Day- If you purchased	30 Cultural Day (bring your floats in for Parade)	31 Favorite Character Day	

Tues 14th & Thurs 16th
Parent-Teacher
Interviews &
Book Fair
4-7pm



Springfield School
Office #
780.624.2143

April 2023 Calendar

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
						1
2	3	4	5 Kita North Hot Lunch Day- If you purchased	6 No Kindergarten- Planning Day	7 No School - Good Friday	8
9	10 No School Spring Break	11	12	13	14	15
						
16	17	18	19 Kindergarten Registration & Open House 6:30pm - 7:30pm	20	21 Rock n Roll Day- Spirit Day	22
23	24	25	26	27	28	29
30						